



adding life to your years

Without humility, you are unable to learn  
Laszlo Bock

HUMILITY

**HUMILITY**

Feynman (see link below), with his curiosity and growth mindset, certainly saw no shame in admitting his own limitations – and welcomed this intellectual humility in others. ‘I can live with doubt, and uncertainty, and not knowing. I think it’s much more interesting to live not knowing anything than to have answers which might be wrong,’ he told the BBC in 1981. ‘I have approximate answers, and possible beliefs, and different degrees of certainty about different things, but I’m not absolutely sure of anything.’

**The Intelligence Trap: Revolutionise your Thinking and Make Wiser Decisions by David Robson**

[https://en.wikipedia.org/wiki/Richard\\_Feynman](https://en.wikipedia.org/wiki/Richard_Feynman)

DIGITAL ESTATE PLAN

**THINK ABOUT YOUR DIGITAL ASSETS BEFORE YOU DIE**

**"When it comes to end-of-life planning and their estate, I believe most people don't even think about their digital footprint. But they should. Many of us have created an incredible legacy of content over the years."**

You probably have never thought about it but you're creating a significant digital footprint as you send email, comment on social media, post a photo gallery and view your medical records electronically — and that's even if you don't have a blog, podcast or website. But, what happens to all these assets after you die? Creating a **digital estate plan** is becoming increasingly important, whether it's handled through your will or your estate's lawyers or a complete list of your online accounts and their passwords given to a trusted family member or friend. Don't leave loved ones scrambling later. Thinking about this now, for yourself or an aging family member, will help survivors properly notify and close down accounts posthumously.

**Be sure to share this**

The most powerful thing you should share with a trusted family member is the personal identification number or passcode to your smartphone.

**Why?** Once a survivor unlocks a deceased's phone, many email, photo, social media and other accounts likely won't require a password.

**The exception?** Banking apps generally do require a password every time they're accessed.

Don't think of the effort as merely closing accounts. In your will, you also can bequeath content that you own, such as downloaded movies or music that you have licensed.

<https://www.aarp.org/home-family/personal-technology/info-2021/remember-digital-assets-in-your-will.html>

**FACEBOOK AND GOOGLE**

I recommend that you investigate the following websites and familiarise yourself with what is required and what can be done.

**FACEBOOK****Help from Facebook**

With more than 2.74 billion monthly active users, Facebook is by far the world's biggest social network. In 2019, more than two-thirds of U.S. adults ages 50 to 64 and almost half of adults 65 and older said they use it. When Facebook is made aware that a person has died, its policy is to memorialize the account.

Memorializing is a way for family and friends to gather and share memories after a person has died and keeps the account secure by preventing anyone from logging into it. Only Facebook friends or family members can request a profile to be memorialized. Of course, people can choose to have their Facebook accounts deleted after they die.

What is a legacy contact and what can they do with my Facebook account?

<https://www.facebook.com/help/1568013990080948>

**About Memorialized Accounts**

[https://www.facebook.com/help/1017717331640041/?helpref=hc\\_fnav](https://www.facebook.com/help/1017717331640041/?helpref=hc_fnav)

**Special request for a medically incapacitated or deceased person's account**

<https://www.facebook.com/help/contact/228813257197480>

**GOOGLE****Inactive Account Manager**

**This** can notify someone if you've been inactive for a certain period of time and share the relevant account information to access services such as Gmail, Google Drive, Google Photos and YouTube. To detect inactivity, Google says it looks at several signals to understand whether you are still using your Google account,

such as your last sign-ins, your recent activity in My Activity, usage of Gmail, and Android check-ins.

<https://www.aarp.org/home-family/personal-technology/info-2021/remember-digital-assets-in-your-will.html>

<https://support.google.com/accounts/answer/3036546?hl=en>

#### MORE USEFUL ARTICLES

##### Prepare a Digital Estate Plan for Future Caregivers

<https://www.aarp.org/caregiving/financial-legal/info-2019/digital-assets-planning.html>

##### Password Managers: What You Need to Know

<https://www.aarp.org/money/scams-fraud/info-2018/password-manager-identity-protection.html>

##### What to Do When a Loved One Dies

<https://www.aarp.org/home-family/friends-family/info-2020/when-loved-one-dies-checklist.html>

#### QUIZ

##### SCRABBLE LOVERS

What number, when spelled out, has a Scrabble score equal to that number?

Another Word A Day by Anu Garg

#### CONSUMER RIGHTS

##### SANCU – (South African Consumer Union)

###### Member's question

I think it was Wendy Knowler who published an article years ago on the problem of retaining boxes and original packing material for purchased goods. As long as one has the purchase documentation for the item, suppliers must investigate any complaints regarding faulty goods. They may not refuse to deal with this on the grounds of the packaging being missing as this is against consumer rights.

###### To SANCU

Will you please clarify this as there are manufacturers and suppliers who insist on the original packaging when returning a faulty item within the guarantee period. Surely people are not expected to fill their houses with empty boxes?

###### SANCU's reply

Section 56 of the Consumer Protection Act provides for an implied warranty with a time frame of 6 months after purchase, which applies in addition to any other warranty from the supplier. If the product is found to be defective during this warranty period the supplier must, at the consumer's direction, replace it, repair it or refund the consumer in full. The supplier cannot demand the original packaging but can insist on proof of purchase (e.g. a receipt) and can send the item for a technical assessment for a reasonable period. After 6 months the supplier's Terms and Conditions apply and these may demand original packaging.

**It is important to note that the 6 month implied warranty only applies in cases where the goods are defective. Some suppliers allow consumers to return or exchange goods for other reasons. In such cases they are fully entitled to demand that the product be returned in its original packaging.**

## ALZHEIMER'S

### HELP FOR YOUR LOVED ONE

One of the cruellest aspects of dementia is the stigma that surrounds it, says Sarah Lock, AARP's senior vice president for policy and brain health. Feelings of shame or hopelessness can cause people to resist being diagnosed, or to refuse treatment. Although there is currently no cure for Alzheimer's disease, "there's a lot that people can do to delay symptoms and improve their quality of life," Lock explains. "If people only knew about them, we could significantly save treatment costs, and we could save lives."

According to the Global Council on Brain Health (see link below), these six key behaviours can delay the onset of Alzheimer's and ease the course of the disease:

- Maintaining social ties
- Challenging the brain
- Managing stress
- Exercising regularly
- Eating right
- Getting restorative sleep

<https://www.aarp.org/health/brain-health/global-council-on-brain-health/>

## BUREAUCRACY

### BUREAUCRACY

Bureaucrats are even more  
thoughtless than people  
assume them to be.

**You can believe it.**

The stories of bureaucratic bungling and of governmental red tape are legion. They are standard fare for newspaper editors and social commentators. Anyone having had any dealings with government agencies has at least a few personal experiences to relate, some generating Kafkaesque pain, some stunned disbelief, but more frequently eliciting raucous laughter. But, here is unquestionably the best I've ever heard:

As the story goes, several years ago a sensitive document was circulating through the cubicles of the Pentagon for review by particular officials at a high level of security clearance. A copy was directed to the head of a relevant department, a senior functionary who was cleared at the appropriate level required to examine the document. When the folder reached his aide's desk, the assistant dutifully read it, initialled it, and delivered it to his superior's in-box. But, the assistant had not noticed that his security authorization was a level below that required to access the document.

The next day his boss found the packet in his in-box, and when he cracked the folder he was aghast to discover that his assistant had not only opened it but also read the material before passing it on to him. He directed the whole package back to his assistant's desk with the following note attached: "The enclosure was not intended for your eyes. You should not have read this document. You are not cleared at the requisite security level. National security must be maintained at every stratum of command. Therefore, immediately, you must delete your initials ... and initial the deletion."

**Reich, Herb. Lies They Teach in School: Exposing the Myths Behind 250 Commonly Believed Fallacies (p. 71). Skyhorse. Kindle Edition.**

## LANGUAGE

### WORDS

Mark Twain, that master of words, once jocularly observed about a dictionary, "I have studied it often, but I never could discover the plot." Well, a dictionary is a place where each word has a plot, a whole history behind it. Each word has its own biography—we call it etymology. They change, they evolve, they adapt, they die, and they get revived.

#### **A Word A Day (Garg, Anu; Garg, Suti)**

I recall, as a youngster who read a lot, how words from the Bible taught in Sunday School confused me, until I finally found out that the meaning of some words had changed 180 degrees since 1611. Ray

Here are some examples:

Prestigious (Dates to 1546)

Today's meaning: Honoured.

Original Meaning: Involving trickery, illusion, or conjuring.

Matrix (Dates to 1555)

Today's meaning: Pattern of lines and spaces.  
Original Meaning: Female breeding animal.

Garble (Dates to the 1400s)  
Today's meaning: Cause something to be confusing.  
Original Meaning: Sift, separate out impurities.

Nervous (Dates to the 1300s)  
Today's Meaning: Jumpy.  
Original Meaning: Sinewy or strong.

Silly (Dates to the 1300s)  
Today's Meaning: Foolish or frivolous.  
Original Meaning: Innocent or pitiable.

Nice (Dates to the 1300s)  
Today's meaning: Kind, good.  
Original Meaning: Foolish, wanton.

Dapper (Dates to the 1400s)  
Today's Meaning: Stylish.  
Original Meaning: Brave.

Girl (Dates to the 1300s)  
Today's meaning: Young female.  
Original Meaning: Young person, either gender.

Fantastic (Dates to the 1300s)  
Today's Meaning: Exceptionally good.  
Original Meaning: Existing only in the imagination, like a *fantasy*.

Buxom (Dates to the 1100s)  
Today's meaning: Large-breasted.  
Original Meaning: Compliant or obedient

## LITERATURE

### GREAT AUTHORS WHO WROTE FOR HUGH HEFNER

No-one ever really believed any man who used the old excuse for buying Playboy magazine - "for the articles", as opposed to for the photos of nude women. Yet the magazine does have a long and proud literary tradition, publishing stories by authors like John Steinbeck, Jack Kerouac, Arthur C Clarke, Margaret Atwood and Haruki Murakami. Hugh Hefner once joked at a magazine anniversary party: "Ladies, it's been a wonderful 25 years, and I owe it all to you. Without you, I would have had nothing but a literary magazine." Former Playboy literary editor Amy Grace Loyd summed up the magazine's formula in 2009: "You've got things drawing a man's eye, then you've got things that are enriching his intellectual and spiritual life, We can reach so many more people than anybody else, and we're also reaching people who don't read fiction generally, or at least literary fiction," she explained.

Hefner said, "We were willing to publish things that other people wouldn't publish, and writers were very happy about that and very quickly we had the largest circulation in the men's field so we were able to pay authors more money."

Here are 11 of the notable authors whose work appeared in the pages of Playboy.

- Roald Dahl
- Jack Kerouac
- Margaret Atwood
- Ursula Le Guin
- Ian Fleming
- Ray Bradbury
- Arthur C Clarke
- Vladimir Nabokov
- Gabriel Garcia Marquez
- Norman Mailer
- Alice Denham

By Ian Youngs

## CLIMATE CHANGE

### ARE WE REALLY SERIOUS ABOUT IT?

The MIT Technology Review had an article entitled: We asked 10 experts to name the most effective way to combat climate change, I could not resist responding with:

They may start here:

*"The traditional objective of making products for their self-evident usefulness was displaced by the goal of profit and the need for a machinery of enticement. - There are the behemoth forces of power and money reinforcing the status quo . . ."*

### Short-Terminism

- Victor Lebow remarked in 1955: "Our enormously productive economy demands that we make consumption our way of life, that we convert the buying and use of goods into rituals, that we seek our spiritual satisfaction, our ego satisfaction, in consumption.... We need things **consumed, burned up, replaced** and **discarded** at an ever-accelerating rate."
- Vance Packard (1914-1996) identified both **functional obsolescence**, in which the product wears out quickly and **psychological obsolescence**, in which products are *"designed to become obsolete in the mind of the consumer, even sooner than the components used to make them will fail"*.

### More money, more resources . . .

- Add to this the costly “War on Drugs”. An alcohol free New Year’s weekend resulted in a Johannesburg Hospital having its first casualty free weekend - EVER. You may rest assured that the consumption of “illegal” drugs had not lessened during that period.
- Then reflect on the billions spent on “trips to Mars” . . .
- And then we begin manufacturing new items, wind turbines, batteries, solar panels - using more resource generating more carbon emissions . . .
- Just along the 5kms on the R311, from Riebeeck Kasteel to Riebeeck West, convoys of trucks trundle with wind turbine components – three trucks at a time, each carrying one blade, escorted by 8 police and contactors’ vehicles . . . Heaven knows how many trucks are used to transport the components of one tower.

By any measurement an advanced civilisation – observing the above – would regard Homo sapiens as . . .?

Ray

## COPING WITH ADVERSITY

### IT IS ALL ABOUT ATTITUDE

Given the times we are experiencing I thought it prudent to share the following with you. I lost my leg in a motorcycle accident and a while later was asked to write an article about my experience. I felt that I had to dedicate it to the following people:

#### Dedication

In appreciation of the four people who taught me about the one freedom we all have; the freedom - *in any given circumstance* - **to choose our attitude.**

*“Neither cry for the moon, nor over split milk.”*

*My maternal grandmother*

*“Life is not fair and there is no such thing as justice. Once you accept these facts you’ll have no problems in life.”*

*An old man*

*“You could take all the joy out of life by always wanting something to be better.”*

*Christin Cooper, Winter Olympics athlete*

*Interviewer: “How has the rape affected you?”*

*Interviewee: “Not at all.”*

*Interviewer: "Not at all?"*

*Interviewee: "No. He took ten minutes of my life once – I refuse to give him another second."*

*Anonymous listener on what was the SABC's English A Service.*

## POETRY COMPETITION

### DEFLATED COUPLETS

I note from the number of times "POETRY - The value of learning it by heart" is downloaded from our website that many of you are poetry lovers.

The Spectator Magazine's weekly competition recently invited readers to give a fresh twist to a well-known single line of poetry by adding a line of their own to it (A Deflated Couplet). Here are a few of their winners as well as some examples from *How to Be Well-Versed in Poetry* by E O Parrot (Editor).

#### The Spectator

O that this too, too solid flesh would melt!  
I must lose weight, or buy a bigger belt.

*A.R. Duncan-Jones/Shakespeare*

Come friendly bombs and fall on Slough:  
My wife's ex-boyfriend lives there now.

*David Silverman/Betjeman*

"Earth has not anything to show more fair —  
If you can see it through polluted air.

*Alan Langley/Wordsworth*

"Deep in the shady sadness of a vale,  
He wept because his sandwiches were stale.

*Philip Wilson/Keats*

"Do you remember an inn, Miranda, do you remember an inn?  
I don't suppose you do, my dear, you drank it dry of gin.

*J.M.L. Harris/Belloc*

#### How to Be Well-Versed In Poetry

Drink to me only with thine eyes,  
And spare the dwindling gin supplies

*Mary Holtby*

To be or not to be, that is the question.  
You see I'm always open to suggestion.

*Mary Holtby*

Should auld acquaintance be forgot?  
Certainly not. Ask any Scot.

*Gerard Benson*

A child should always say what's true.  
A practice he will later rue.

*Tim Hopkins*

To see the world in a grain of sand,  
You have to be quite mad, or canned.

*Ron Rubin*

**And my all-time favourite:**

The woods are lovely, dark and deep.  
And I have Semtex to secrete.

*Tim Hopkins*

Please send your entries to [ray@saarp.net](mailto:ray@saarp.net) and if there are enough we'll put them on the website. And who knows, the winner may get a surprise.

## TECHNOLOGY

Here is a bunch of collective nouns from the world of computers and the Internet:

- An array of programmers
- A clique of computer mice
- A sneer of Mac users
- An obfuscation of user manuals
- A 404 of former web sites
- A cylinder of CDs
- A wildcard of hackers
- A hindrance of tech-support people
- A blizzard of AOL disks

## PASSWORDS

### Stop the madness

The USA's AARP October Bulletin contains some interesting observations. A typical adult has "at least" 200 online accounts. This is not impossible. Think of all the retailers. Financial companies, utilities. Health care providers' social media sites, government offices travel service and entertainment subscriptions you've used over the years. Since Covid you have probably created accounts with food delivery services, video conferencing hubs and new retail sites.

Here are some password management tips.

**Do not log in with Facebook or Google.** Many websites offer the facility to log on to their site via Facebook or Google. This is not necessarily secure. Don't. A security breach of one of those can affect you. Secondly, if you delete Facebook later on you may be locked out of apps you accessed via Facebook

**Do not reuse passwords.** The highest number of compromised accounts tend to come from passwords that were used elsewhere.

**Upgrade weak passwords.** What was secure 5 years ago no longer holds. Randomly generated passwords are the new standards. You can type out your own set of letters, numbers and symbols or use a password generator.

**Reset as needed.** Use the forget password link if you can't remember your password. If your original was strong enough this will present no problem.

**Designate an emergency contact.** If something happens to you, you don't want loved ones scrambling to get control of your accounts. Use a password manager which usually allows you to designate secure access to others. Or make sure someone knows where you keep your password book.

Three ways to manage passwords.

- Web browsers often have built in password managers. Find out how they work
- Password managers generate strong passwords and store them in a secure vault that you access by using one robust password.
- A handwritten (typed list). Many people find a hand-written password book suits them. Just make sure someone knows where it is and keep it in a safe place. A fireproof safe would be ideal.

## SAARP SERVICES

Please go to [www.saarp.net](http://www.saarp.net) and click on the Benefits tab to see our range of member services:

Home ▾ Benefits Communication ▾ Social Clubs Contact Us Join Now Advertisements

## SAARP NEWS

### MEMBER FEEDBACK (Verbatim)

Hi SAARP;

Baie baie dankie vir jul moeite, insette en tyd met die nuusbrieff se opstel en uitstuur. Dit word waardeer.

### SHORT STORIES FEEDBACK (Verbatim)

1. Thank you once again for a splendid story. I shed a tear or two for that poor dog in your neighbourhood shut away behind those concrete walls. I have always said and will continue to my dieing day say that everyone who wants to own a dog or cat should take a written examination on their knowledge of the breed and its needs and the requirements of its owner. Thank you for bringing pleasure to a home-bound old woman.
2. This story is so well written and I found it very moving. I'm a "newbie" retiree and haven't had a chance to read the short stories up to now, but

if this story is an indication of what is available to us, I'll be reading them in future.

3. Hi Ray, just letting you know that I really enjoy the short stories. Please continue with them.

4. Two excellent stories again. Thank you

Go to [www.saarp.net](http://www.saarp.net) . . .

<b>SAARP HOLIDAY CLUB</b>
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**NOTE: Due to unprecedented demand for our holiday offers, we will restrict the number of points available each month.**

The following are examples of discounted off-peak holidays which our Holiday Club has on offer for you and your families. *To book phone Renske on 021 592 1279 or email her at [renskes@saarp.net](mailto:renskes@saarp.net)*

RESORT	AREA	DATE	UNIT	PRICE
<b>BOOKINGS FOR 2021</b>				
Club Mykonos	Langebaan	10-14 May	1 bedroom	R1725
Club Mykonos	Langebaan	10-14 May	2 bedroom	R1725
Club Mykonos	Langebaan	17-21 May	3 bedroom	R2156.25
Club Mykonos	Langebaan	24-28 May	2 bedroom	R1725
Club Mykonos	Langebaan	7-11 June	2 bedroom	R1725
Club Mykonos	Langebaan	7-11 June	2 bedroom	R1725
Club Mykonos	Langebaan	4-7 June	1 bedroom	R2587.50
Waterberg Game Park	Limpopo	17-21 May	1 bedroom	R1814
Waterberg Game Park	Limpopo	17-21 May	2 bedroom	R2676.50
Seasons Golf L & Spa	Brits	24-28 May	3 bedroom	R2587.50
Seasons Golf L & Spa	Brits	24-28 May	3 bedroom	R2587.50
Baywater Village	Sedgefield	24-28 May	1 bedroom	R1725
Crystal Springs	Pilgrims Rest	31/5 - 4/6	1 bedroom	R1725
Crystal Springs	Pilgrims Rest	31/5 - 4/6	2 bedroom	R2587.50
Tableview Cabanas	Blouberg	31/5 - 4/6	1 bedroom	R1293.75
The Dunes	Plettenberg Bay	31/5 - 4/6	2 bedroom	R1725
The Dunes	Plettenberg Bay	31/5 - 4/6	2 bedroom	R1725
Placid Waters	Sedgefield	31/5 - 4/6	1 bedroom	R1725
<b>Placid Waters</b>	Sedgefield	31/5 - 4/6	1 bedroom	R1725
Magaliespark	Brits	7-11 June	1 bedroom	R1725
Hazyview Cabanas	Hazyview	5-9 July	2 bedroom	R2587.50

Dolphin View	Umdloti	23-27 Aug	1 bedroom	R1725
Dolphin View	Umdloti	23-27 Aug	1 bedroom	R1725
Sunshine Bay Beach	Jeffreys Bay	23-27 Aug	2 bedroom	R1293.75
Sunshine Bay Beach	Jeffreys Bay	23-27 Aug	2 bedroom	R1293.75
Sunshine Bay Beach	Jeffreys Bay	23-27 Aug	2 bedroom	R1293.75
Waterberg Game Park	Limpopo	30/8 – 3/9	1 bedroom	R1814
Banana Beach Club	KZN	6-9 Sep	2 bedroom	R1725
Banana Beach Club	KZN	6-9 Sep	2 bedroom	R1725

NOTE 1: The above prices include 15% VAT.

NOTE 2: The price is for the entire period.

NOTE 3: All cancellations must be made 7 weeks before check-in date.

NOTE 4: These are Holiday Club Regulations, to which all members MUST adhere.

Note: 5: In making a booking you agree that these regulations apply to you.

PAYMENT: Once Renske has **CONFIRMED** your booking she will submit an invoice containing SAARP's bank details. Once you have deposited the required amount in SAARP's bank account, please provide proof of payment using one of the following:

Fax : 021 592 1284

E-mail: [info@saarp.net](mailto:info@saarp.net)

And remember to quote your ID Number and name.

**DO NOT PAY ANYTHING UNTIL YOU HAVE RECEIVED THE CONFIRMATION OF THE BOOKING AND THE INVOICE**

Contact us at SAARP Tel: 021 592 1279

Fax: 021 592 1284

Call us and we'll call you back to save your phone bill

e-mail: [info@saarp.net](mailto:info@saarp.net)

Or see it all at [www.saarp.net](http://www.saarp.net)

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*should readers require advice, they should consult a properly accredited and qualified specialist in the field.*

## TRIVIA

### SNIPPETS

- Soon silence will have passed into legend. Man has turned his back on silence. Day after day he invents machines and devices that increase noise and distract humanity from the essence of life, contemplation, meditation ... tooting, howling, screeching, booming, crashing, whistling, grinding, and trilling to bolster his ego. His anxiety subsides. His inhuman void spreads monstrously like a grey vegetation. **Jean Arp**
- A few years ago, Margaret Thatcher invited some ex-prime ministers for a get-together at 10 Downing Street. I think it was Harold Macmillan, Harold Wilson, and James Callaghan. While they were there, Thatcher speculated about the proper word denoting a group of prime ministers. Macmillan suggested that the correct collective noun would be “a lack of principals.” **Lydia Rivlin**
- I've always enjoyed working with one particular funeral director, who ends his emails 'Yours eventually'. **The Revd Tim Grew**
- It's one of the great mysteries of anthropology. Why does every society—and they all do—have a list of taboo foods? **Sunday Star Times (New Zealand)**. What is even stranger is that societies have taboo words . ...

### ADVERTISING? MARKETING?

While the advance review of the novel said “Highly recommended to be left in bookstore,” the blurb on the back cover of the book quoted only the phrase, “Highly recommended.”

### LIFE?

A bit beyond perception's reach  
I sometimes believe I see  
that life is two locked boxes  
each containing the other's key.  
**Piet Hein, poet and scientist (1905–1996)**

### QUOTES

- Ants are so much like human beings as to be an embarrassment. They farm fungi, raise aphids as livestock, launch armies into war, use chemical sprays to alarm and confuse enemies, capture slaves, engage in child labour, exchange information ceaselessly. They do everything but watch television. **LEWIS THOMAS**

- Animals are not brethren, they are not underlings; they are other nations, caught with ourselves in the net of life and time. HENRY BESTON
- There is another man within me that is angry with me. C. S. LEWIS
- Anger is the only thing to put off till tomorrow. CZECH PROVERB
- America is a large friendly dog in a small room. Every time it wags its tail it knocks over a chair. ARNOLD TOYNBEE
- American women expect to find in their husbands a perfection that English women only hope to find in their butlers. W. SOMERSET MAUGHAM
- If it's true that our species is alone in the universe, then I'd have to say the universe aimed rather low and settled for very little. GEORGE CARLIN
- Sometimes I think the surest sign that intelligent life exists elsewhere in the universe is that none of it has tried to contact us. BILL WATTERSON
- Inside every older woman is a young girl wondering what the hell happened? CORA HARVEY ARMSTRONG
- The years between 50 and 70 are the hardest. You are always being asked to do things, and yet you are not decrepit enough to turn them down. T. S. ELIOT
- Very few people do anything creative after the age of 35. The reason is that very few people do anything creative before the age of 35. JOEL HILDEBRAND
- Advice is what we ask for when we already know the answer but wish we didn't. ERICA JONG
- Let advertisers spend the same amount of money improving their product that they spend on advertising and they wouldn't have to advertise it. WILL ROGERS
- There will presently be no room in the world for things; it will be filled up with the advertisements of things. WILLIAM DEAN HOWELLS

Lloyd, John; Mitchinson, John. *QI: Advanced Banter* (Kindle Locations 308-309). Faber & Faber. Kindle Edition.

ANSWER TO QUIZ



Ray Hattingh

PS Looking for meaning in history is like looking for patterns in clouds.

Contact us at SAARP Tel: 021 592 1279

Fax: 021 592 1284

Call us and we'll call you back to save your phone bill

e-mail: [info@saarp.net](mailto:info@saarp.net)

Or see it all at [www.saarp.net](http://www.saarp.net)

adding life to your years