



SAARP SOCIAL SERVICES - PINELANDS

(Reg No 2006/003084/08)

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Monthly Meetings: 09h30, 3rd Thursday at
Pinelands Bowling Club, St Stephens Rd.

NEWSLETTER – AUGUST 2019

Hello, again

August is high summer in the Northern Hemisphere – and what a summer they're having, with Mother Nature causing havoc with record temperatures, violent storms and flooding in many countries! Here in SA we will be celebrating Women's Month, hopefully focusing on the gentler side of femininity.

A huge apology to one and all for the serious mix-up with last month's newsletter, all due to an incorrect assumption on my part – and a lack of technical knowledge (I didn't know the difference between a .docx file and a .pdf file – we're never too old to learn, are we?!). Following on from that, a big thank-you to the few who did attend last month's meeting despite not receiving the monthly reminder; they were treated to a *very* interesting talk by Rouvanne van den Berg about the volunteer fire service's activities. Subsequently I've learned that a party of about 100 SA volunteers were involved in combatting the huge wild fires that raged in the USA recently and the American citizenry were astounded at their fire-fighting skills and discipline, which far outperformed that of other volunteer groups - truly heroes to be proud of!

COMING UP

Outings:

- (a) Wed 25 Sept: The Cape Garden Centre followed by lunch at Schoongezicht. Tickets are R250 and there is still space on the bus – please contact either Fay Woodhead (021 531 2702 or 072 111 0552) and be sure to pay at our meeting next week.**
- (b) Tues 22 Oct: Teabag Design in Hout Bay, lunch at Barristers in Newlands; R200 a head.**
- (c) November: We're looking at visiting the Naval Academy in Simons Town – details to follow.**

Speakers:

- (a) Thurs 15 Aug: Colin Stevens is a teacher-trainer, just ending a 10-year stint of introducing teachers across SA to ideas for using colour in all their classroom activities. He writes: 'A RED LETTER DAY – a bright and bold celebration of the colour Red with interesting and informal reflections on how it has influenced the history of communities all over**

the world. Come along and enjoy some Red movies and music, sights and sounds – and even make something Red.

You are all invited to wear something Red to the meeting – the more shades we have, the better!

- (b) Thurs 19 Sept: Dr Maria Jose will be addressing us on Design Thinking, an innovative problem-solving tool I've not heard of before. Dr Jose wrote such an interesting article in The Muse recently, I felt this was a topic that deserves to be more widely understood.

50TH ANNIVERSARY OF THE MOON LANDING

Wasn't it amazing to see again those very brave men who traversed space to reach the moon? In 2013 my son, his wife and I attended my grandson's wedding in North Carolina and afterwards drove down to Florida to visit NASA where we saw the actual moon-landing capsule – it looked like something knocked together from scraps found in a garage! Unbelievable that it had travelled that far and returned to Earth in one piece. The ultimate adventure. I was in the UK at the time and we were totally enthralled by what was taking place before our eyes.

MATHEMATICAL PERFECTION

The Chinese invented playing cards in AD 1000. Herewith are some interesting facts and observations about "playing cards":

Did you know that the traditional deck of the playing cards is a strikingly coherent form of a calendar? Very intriguing indeed!

There are: 52 weeks in a year & 52 playing cards in a deck;
13 weeks in each season & 13 cards in each suit;
4 seasons in a year & 4 suits in a deck;
12 months in a year & 12 court cards (Jack, Queen, King in each)

Jacks = 11, Queens = 12 and Kings = 13. Therefore each suit has cards valued from 1 to 13, & the sum of all the digits = 91. Multiplied by the 4 suits, $91 \times 4 = 364$. Add the Joker and you have 365 (days in a year). In some card games 2 Jokers are used - indicating a Leap year.

The red cards represent Day, while black cards represent the Night.

The sum of all the letters in the names of the cards (i.e. add up the letters in "one, two, three, four, five, six, seven, eight, nine, ten, Jack, Queen, King" = 52! *(Somebody has worked hard to find this one, as it wouldn't have been the same in Chinese!)*

Spades indicated ploughing or working; Hearts - a love for the crops;
Diamonds indicated reaping the wealth, and Clubs - protection and growth.

This mathematical perfection is mind blowing!

My grateful thanks to Rosalie Kleynhans for bringing this to my attention.

KNITTING REPORT

A message from Rita Scott about the things the Christine Revell Children's Home need so desperately (in addition to knitted items, of course):

What we need for the hamper:

<i>For Babies:</i>	<i>Baby powder</i>	<i>Baby Lotion</i>	<i>Toilet rolls</i>	<i>Toilet Soap</i>
	<i>Small tooth brushes</i>		<i>Tooth paste</i>	<i>Face Cloths</i>
<i>Foods:</i>	<i>Beans</i>	<i>Peas</i>	<i>Sweetcorn</i>	
	<i>Jungle oats</i>	<i>Mealie meal</i>	<i>Macaroni</i>	<i>Spaghetti</i>
	<i>Peanut Butter</i>			
<i>Cleaners:</i>	<i>Handy Andy</i>	<i>Dishwash liquid</i>		

Our grateful thanks to all who are supporting this project.

DAYS OF CELEBRATION

We hope the following members will be enjoying happy hours with family and friends while celebrating their birthdays this month (unfortunately, I've been given a list with no first names, but I'm sure you'll be able to congratulate your friends despite the omission!):

D Brits	A Brand	B Brebner	C Broster
D Burt	A Cochrane	G Griggs	A Griffiths
D Green	P Gerth v Wyk	M Hardick	D Karstel
F Linder	D Luter	V Nel	L Nell
J Nicholson	S Nicolaidis	Y Olivier	H Potgieter
S van der Walt	J Wales	H Webster	

Best wishes to all of you, especially the Big 0's!

LOVELY QUOTE:

Every day is a gift, that's why it's called 'the present'.

THEATRE NEWS

1. ARTSCAPE (021 421 7695 – ask if pensioners' prices available)

(a) The Black, White, Red & Yellow Art Exhibition – an imaginative exploration of the life & times of Archbishop Emeritus Desmond Tutu in big, bold, striking colour; presented in close collaboration with the Desmond & Leah Tutu Legacy Foundation and the Consulate General of the Netherlands. Vibrant paintings by pop artist, Richard Scott, based on iconic pictures by photo-journalist Benny Gool. The exhibition is open to the public, for free, daily from August 9 until October 10. Now there's something different to do!

(b) Lunch Hour Concert with Jazzart Dance Theatre: Also free, and a superb way to spend a lunchtime. Performed in the Chandelier Foyer – but get there early for the 13:00 start (take your sandwiches with you, but tea/coffee is available there).

(c) ***Sleeping Beauty – Ballet in Opera House***: 17-31 August; duration 2hrs 45 mins. Prices R180-R695. The story of Princess Aurora’s 100-year sleep and magical awakening will leave audiences of all ages delighted and entranced.

2. FUGARD (021 461 4554)

(a) ***Kinky Boots*** – till 27 October (don’t miss it – it’s such fun!). Pensioners / U3A R250 for best seats. Tues – Fri 20:00; Sat 15:00 and 20:00; Sun 15:00.

(b) ***The Old Man & The Sea*** – till 24 August; Tues – Fri 20:00; Sat 15:00 and 20:00. Duration 65 minutes (no interval). Hemingway’s classic story brought to life in this imaginative performance using chorus, mask, innovative set and epic sound design. I saw the company’s *The Snow Goose* recently and was blown away by the novelty of the production.

3. THEATRE ON THE BAY (021 438 3301)

(a) ***Here’s to You – the Simon & Garfunkel Songbook***: An excitingly fresh take on classic songs like *Bridge Over Troubled Water*, *The Sound of Silence*, *Scarborough Fair*, *Mrs Robinson* and many more. Evenings 20:00; matinee 17 August @ 16:00. Prices R150 – R300.

4. BAXTER (021 680 3989)

(a) ***Not a Musical*** – Marc Lottering doing stand-up comedy and very funny he is, too (saw him at Theatre on the Bay a few weeks ago); 80 minutes of laughter (not smutty at all). No interval. Monday evenings R110; Tues – Sat R160.

(b) ***Orphee et Eurydice*** (Orpheus in the Underworld) – 3, 5 and 7 September, 19:30 at the UCT Opera School. Rows C and D only – Pensioners R110 (normal price R180 – R280).

Our thoughts go out to close family and friends who have lost loved ones recently – may happy memories help to ease the sorrow of parting. To those who are recovering from surgery or illness, may you have a speedy recovery and be back on your feet again soon.

Cheers for now.

Ruth

COMMITTEE CONTACT DETAILS				
POSITION	NAME	LANDLINE	CELLULAR	E-MAIL
Chairman/Outings	Mark Binedell	021 4653355	082 8877488	mjbinedell@telkomsa.net
Vice-Chairperson	Merle Byworth	021 4341230	083 4543775	mbyworth@telkomsa.net
Treasurer	Jackie Pittman		072 7695015	jpittman@telkomsa.net
Newsletter	Ruth Buckland	021 5300146	083 5118237	ruthbuckland@xsinet.co.za
Minutes Secretary	Mary Whitelaw		083 4535585	whitelaw@mweb.co.za
Outings	Fay Woodhead	021 5312702	072 1110552	deswoodhead69@gmail.com
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Membership	Vicky Harvey	021 5323123	083 5464768	vickyh@sybaweb.co.za
Tables / Raffle	Rose Craddock	021 5314529	083 4873450	n/a