



SAARP SOCIAL SERVICES - PINELANDS

(Reg No 2006/003084/08)

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Monthly Meetings: 3rd Thursday at Pinelands Bowling Club,
St Stephen's Rd.

Doors open at 09:00, meeting closes 11:15

NEWSLETTER : OCTOBER, NOVEMBER & DECEMBER 2019

Dear Friends

A bumper edition to cover the last quarter of the year! Amazing how quickly Time flies as we grow older, isn't it?

LOOKING BACK

At our last meeting a very enterprising young lady, Dr Maria Jose, introduced us to her special field, Design Thinking – a new concept to me, although she said the principles were developed some 60-odd years ago (just shows I'm way behind the times!). I had undertaken to have our projector upgraded to enable it to be used with modern devices, and was so embarrassed to see her sitting there so patiently, waiting for our projector to link with her laptop; despite Juan's strenuous efforts to get them to work in harmony with each other, Maria had to conduct her presentation solely with the mic and none of the graphic illustrations she had prepared. Nevertheless she charmed us with her interesting and entertaining address. Juan deserves our grateful thanks for his technical help, too.

Cape Garden Centre/Schoongezicht: What a lovely outing our party of 34 enjoyed last week! The weather was perfect, the Garden Centre splendid with colourful displays of flowers in full bloom and the well-sculpted animals covered in Easi-Grass a real delight. And what can I say about the scrumptious buffet that awaited us at Schoongezicht? Clive and I had never been there before, and were amazed at the variety of choice they had on offer. Quite delicious! Congratulations to Fay and Mark who organised the treat.

.... AND FORWARD

Tuesday 22 October – T-Bag Design, Hout Bay, with lunch at Barristers.

Tickets R200 each. Names to Fay, please (021 531 2702 or 072 111 0552), and payment must be made at our October meeting. The bus will leave The Oval promptly at 9 o'clock.

Wednesday 20 November – Cat Heaven, Somerset West: A cat lover's dream! 22 felines, each with a strong personality (some friendly and seeking stroking, others as aloof as cats can be), all rescued from cruel homes but now living together in a luxurious paradise. We're looking at lunching at Helderberg, but will confirm that later. **NB: The bus will be leaving promptly at 8:45 am!**

Wednesday 4 December – Christmas lunch: Booked with the Bowling Club & Budget Caterers. Tickets R110 each. It would be so good if we all dressed in red and white for a change – very festive! Please try.

Thursday 16 January – Mad Hatter’s Tea Party: Plenty of time to design a funny/amazing hat, and please bring a small plate of nibbles. I’m awaiting replies for entertainment.

Tuesday 25 February – SA Maritime Training Academy, Simon’s Town: It’s been sometime since we last visited this astonishing training facility – for those who have not yet been there, you’ll be treated to a truly enlightening experience. We’ll probably lunch at Dixie’s.

SPEAKERS FOR OCTOBER & NOVEMBER

17 October: We’ll be well entertained by Les Hellmann, a Ship’s Captain with 40 years’ experience with Safmarine (Julie Hattingh says she would love to ‘clone’ him!), and subsequently olive farming. He’ll be talking about an 8-month tour of duty from Nov 1990 to July 1991 which included visits to 3 continents. The correspondence I’ve had with him suggests he’s great fun.

21 November : Many members will recall Liz Linsell speaking to us a couple of years ago when she was still i/c Fundraising for The Children’s Trust (Red Cross Children’s Hospital). Since retiring she has visited her son who has lived in China for some time on several occasions, and now escorts small groups of tourists on guided tours to that vast country.

RWC – JAPAN, 2019

Well, despite losing to the All Blacks in the opening game of the tournament, the Boks have successfully played themselves into the quarter-finals; they won’t know until Sunday which team they’ll be playing in the knock-out match – Ireland, Scotland or Japan (if the latter, I hope the Brave Blossom’s victory over the Boks in Brighton at the last RWC will *not* be repeated!). Perhaps we have Luck on our side: *We won the World Cup in 1995 & 2007 – a gap of 12 years, and, guess what: 2019 is 12 years on from 2007 - history repeating itself again, do you think?*

9-DAY WESTERN CAPE TOUR: 4TH – 13TH NOVEMBER: Prices: R34 200.00 per person if 3 clients; if 4, R28 900 each, and if 5, R25 600.

Included in Price:

Pick-up & drop-off
Air-conditioned transport
Qualified driver/guide
Entrance fees to excursions listed
Accommodation; 3 meals a day; Tea

Excluded from Price:

Alcoholic drinks
All things of a personal nature
Addition excursion entrance fees

Ovenight Stops (please note: accommodation may change subject to availability on confirmation of final number of clients on tour):

4 – 6 Nov: Somerset Lodge, Montagu

4th: Owls Rest Olive & Lavender farm / Sheilam Cactus farm

5th: Montagu Museum / Viljoensdrift River Cruise

6th: Protea Farm Tractor Trip / Potjiekos lunch in the Koo valley

7th Nov: Ladismith Manor; visit to Barrydale & Magpie Art Studio

8th - 9th: Botterkloof Lodge, Still Bay

8th: Ladismith cheese outlet & the Rooi Alwyn Padstal

9th: Visit Preekstoel beach / tour of Kasselshoop handcrafted cheese

10th - 11th: *Wheatlands Lodge, Bredasdorp*

10th: *Wildebraam Berry Estate / The Bee Shop / Faerie Sanctuary Gdns.*

11th: *Shipwreck Museum / Kapula Candles*

12th: *Stanford River Lodge*

13th: *Cheetah Outreach Project*

Please get in touch with Fay as soon as possible if you're interested in joining the party (021 531 2702 or 072 111 0552)

Heaven is Where:

The Police are British,
The Chefs are Italian,
The Mechanics are German,
The Lovers are French and
It's all organized by the Swiss.

Hell is Where:

The Police are German,
The Chefs are British,
The Mechanics are French,
The Lovers are Swiss and
It's all organized by the Italians.

THEATRE NEWS

A **ARTSCAPE (021 421 7695 or any Computicket (Shoprite/Checkers))**

(a) Opera House

(i) 26 Oct – 9 Nov: SATORI, a trilogy of Ballets choreographed by Kenneth Tindall, George Balanchine & Michelle Reid. Evenings @ 19:30, matineés 27 Oct, 2 & 9 Nov @ 15:00. Pensioners/students/scholars R150 at all performances (not rows F to L). Duration: About 2 hrs.

(ii) 20 Nov – 1 Dec: The Greatest Love of All, a beautifully-crafted tribute to Whitney Houston – South Africa's Belinda Davids with full orchestra, backing vocalists, dancers and awesome theatrical effects. Tickets R250, R320, R390. Family packages Thursday only – 4 to 6 tickets; top tier R300, 2nd tier R250. Pensioners & scholars (up to 13) 10% discount on top 2 price breaks only (valid proof of status for both required).

(iii) 6 Dec – 12 Jan: The Rocky Horror Show, starring Craig Urbani and Kate Normington. Tues-Fri @ 20:00, Sat @ 15:00 & 20:00, Sun @ 14:00 & 18:00. Tickets: R150, R200, R300, R400, R500 (Wed-Sat & Sun 14:00). Pensioners R200 (Tues & Sun 18:00). Duration: About 2 hrs.

(iv) 15 Jan – 2 Feb: Peter Pan on Ice. Journey to Neverland with The Imperial Ice Stars in this classic tale of magic and make-believe, spectacularly staged on real ice. Tickets R115-R450. Pensioners R200 on Tuesdays @ 19.30 and Sun @ 17:30. Duration: About 2hrs 20mins.

(b) Arena Theatre

1 – 30 Nov: The Glass Menagerie. The 75th anniversary of Tennessee Williams' masterpiece – "Terrific, superb, entrancing" (New York Times) Duration 2hrs 30 mins. Evenings 19:30, matineés 15:00. Tickets R250.

B **BAXTER (021680 3989 or any Pick n Pay)**

(i) 11 Oct-2 Nov: Danger in the Dark: David Kramer's reworking of 'Poison'. Tickets R120-R140; pensioners, students R100-R115. Duration: 2hrs 20mins

(ii) 22 Nov-1Feb: Aunty Merle in It's A Girl. Evenings at 19:30, matineés 15:00. New Year's Eve R290, including festive fare.

C THEATRE ON THE BAY (021 438 3300)

(i) 8-19 Oct: *Rhapsody*. Worbey & Farrell, internationally acclaimed concert pianists with a wicked sense of humour, bring their unique touch to great music – featuring *Rhapsody in Blue* and *Bohemian Rhapsody*. Prices R150-R275

(ii) 23 Oct – 2 Nov: *Mark Banks on Ice*, celebrating his 60th birthday. Prices R120-R200.

(iii) 6-23 Nov: *Forever Plaid- The heavenly 1950s musical comedy*: A goofy storyline with 50s hits like *Catch a Falling Star*, *Lady of Spain*, *Perfidia*, *Crazy 'Bout Ya Baby* – and *Scotland the Brave!*

(iv) 27 Nov-7 Dec: *Encore*: LAMTA directors Anton Luitingh & Duane Alexander, together with Bethany Dickson & Paul du Toit, share their artistic expertise with LAMTA students, the new generation of musical theatre performers. Tickets R150.

(v) 11 Dec-25 Jan: *The Lying King – Circle of Laugh*: Alan Committie's skewered look at the past year and forecasts bizarre possibilities for 2020. Tickets R120-R220.

D FUGARD THEATRE (021 461 4554)

(i) Until 2 Feb 2020: *Kinky Boots* – a show that 'has it all'! Tickets R250 – R470. Tues-Sat 20:00; Sat & Sun 15:00.

31 Dec – *New Year's Eve Special*: Note time 21:30; R580 – R700. A great fun evening to see the New Year in!

(ii) *Studio Theatre* (2 flights of stairs)

5-17 Nov: *Vaslav*: Local multi-award winner, Godfrey Johnson, brings to the stage the fascinating story of Vaslav Nijinsky, iconic dancer of both the Imperial Russian Ballet and Western avant-garde. Tues-Sat 20:00; Sat & Sun 15:00. Prices R150-R160.

Hope you'll all find something to interest and entertain you all the way through to next year!

THE SEVEN BEST DOCTORS IN THE WORLD:

Sunlight Rest Exercise Diet Friends Love Self confidence
Maintain them in all stages of life and enjoy Life to the full!

No space for 3 months' birthdays, I'm afraid – just hope you all celebrate in style with plenty of love and hugs! For those ill or recuperating, we hope you'll be fit in time to enjoy the Festive Season, and for those grieving the loss of family or friend, we trust memories of happier times will give you strength. A special word of thanks to Vicky Harvey for all the years she's looked after SAARP Pinelands – we hope her stay in Sedgefield will soon return her to good health.

A very happy Christmas and best wishes for a prosperous New Year to all.
Ruth

PS: Please see previous month's newsletter for committee contact details.

Kind regards.

Juan