

HERMANUS SOCIAL CLUB – JUNE, 2020



AND THE WINNER IS....!

Thank you to all those who took up the challenge to write a story with **less than 200 words**. Many had a Corona theme which is not surprising as the virus is affecting us all - whether we have succumbed to it or not. All stories were adjudicated by Bob Hill who is NOT a member of our club and who did not have the names of the authors. He found it very difficult to determine who should win, so we sought the help of Pam Williams who is a published author living in Hermanus. She picked out two as being particularly outstanding. Second place goes to **Carol Stephen** for her entry entitled "The Corona Journey".



The **winner is Niel Steenkamp** Congratulations Niel!!

Enjoy your home delivered meal from The Eatery.

A very **BIG Thank you** to The Eatery for the very generous donation of the voucher for this challenge. Please support Rebecca if you can. WhatsApp 0822619442 for her daily menu. Niel's winning story entitled "Lulu Kyk Rugby" was the only Afrikaans entry received. You will find it on page 3, followed by Carol's "The Corona Journey" on pages 4 & 5.

THE GOOD NEWS



Potatoes are not only nutritious but are versatile. A baked potato with your favorite filling can make a great quick and easy meal.

NUTRITION & <i>health</i>			
Potatoes have long been an important and economical source of energy, nutrition and satiety in the South African diet.			
POTATO PER 100g	PASTA PER 100g	MAIZE PER 589kj	RICE PER 100g
ENERGY: 332kj	ENERGY: 455kj	ENERGY: 332kj	ENERGY: 531kj
FATS: 0.10g	FATS: 0.60g	FATS: 0.70g	FATS: 0.30g
VITAMIN C: 5.50mg	VITAMIN C: 0mg	VITAMIN C: 0mg	VITAMIN C: 0mg

Google the BBC Good Food website for 30 baked potato recipes.

New Senior's Exam, you only need 4 correct out of 10 questions to pass

- 1) How long did the Hundred Years' War last?
- 2) Which country makes Panama hats?
- 3) From which animal do we get cat gut?
- 4) In which month do Russians celebrate the October Revolution?
- 5) What is a camel's hair brush made of?
- 6) The Canary Islands in the Atlantic are named after what animal?
- 7) What was King George VI's first name?
- 8) What colour is a purple finch?
- 9) Where are Chinese gooseberries from?
- 10) What is the colour of the black box in a commercial airplane?

Remember, you need only 4 correct answers to pass. Check your answers on the next page

Unable to find a copy of The Village News?

You can read it on-line each week. Ctrl + click on this link: <https://issuu.com/dwaal>

You are Challenged!

Most of us have a cell phone with a camera. This month's challenge is to submit a photograph that says "Happiness is...." What is making you feel good, blessed, grateful? A person? Food? Sunsets? Pets? Activities? Get clicking! Take loads of photos over the next couple of weeks. **Select the one** that you feel expresses your definition of "Happiness" at the moment the photo was taken. Only photos taken with a cell phone please – no professional photographers with long lenses need apply! Email your entry (**one only** per member) to sheilacraul@gmail.com to arrive no later than **20th June**. The winner will be announced in the July Newsletter. A prize awaits the winner!!

Head Office has sent the link below regarding posting photos of children on social media. It is so tempting to brag about our grandchildren but putting their sweet faces on Facebook is not such a good idea. Ctrl+click on this link: <https://www.bbc.com/news/technology-52758787>
And here is the link for **Lockdown Level 3 rules**:

<https://mybroadband.co.za/news/trending/351735-here-are-the-new-level-3-lockdown-rules.html>

ANSWERS TO THE QUIZ

- 1) How long did the Hundred Years War last? 116 years
- 2) Which country makes Panama hats? Ecuador
- 3) From which animal do we get cat gut? Sheep and Horses
- 4) In which month do Russians celebrate the October Revolution? November
- 5) What is a camel's hair brush made of? Squirrel fur
- 6) The Canary Islands in the Atlantic are named after what animal? Dogs
- 7) What was King George VI's first name? Albert
- 8) What colour is a purple finch? Crimson
- 9) Where are Chinese gooseberries from? New Zealand
- 10) What is the colour of the black box in a commercial airplane? Orange (of course)



What do you mean, you failed? Me, too!



Meet **Mavis Dagleish and Derek Hopley**. These two dedicated committee members ensure that your name tags are ready, in alphabetical order, for you to pick up when you arrive at our meetings. That takes some doing when the name tags are handed back after a meeting in no order whatsoever!! Mavis also assists Lizette at the Social Table. They have been members of SAARP Hermanus Social Club for almost 15 years but were previously members of the Amazimtoti branch, KZN. Mavis was born in Durban. Derek is from the U.K. but has lived in

S.A. for 45 years and is now considering "staying"!! Most of their family live abroad in Australia and USA. Mavis and Derek have recently sold their house and are waiting to move into Kidbrooke Place.

YOUR COMMITTEE

Chair:	Sheila Craul – 028 316 3248 – sheilacraul@gmail.com
Vice Chair/Social Secretary:	Lizette Adams - 076 226 8799 / 028 316 2401 - lizette2404@hotmail.com
Secretary:	Christine Tait
Membership Secretaries:	Cathy Gey Van Pittius & Sheila Coquillon sheila.coquillon@gmail.com
Treasurer:	Thelma Beukes
Name Tag Co-ordinators	Derek Hopley & Mavis Dagleish

Stay Home And Stay Safe (SHASS!)

Lulu Kyk Rugby

Lulu hou van Janus, maar hy stel net in rugby belang.

“Lulu, kom kyk saam rugby op TV,” stel ek voor.

“Maar ek weet niks van rugby nie!”

“Nou hou net my hande dop. Drie vingers, dan skreeu jy `DRIE!’. My hand voor my mond beteken ‘obstruksie’ en as ek aan my bril vat, skreeu jy ‘Ref., waar’s jou bril?’ Ek wys vir haar nog ’n paar tekens.

Die groot dag. Ons is drie punte agter. Ons vleuel skop vorentoe en die bal rol oor die doellyn. Hulle heelagter druk dood.

Ek hou biltong vas met drie vingers in die lug. “DRIE!” skreeu Lulu hard.

Ek sit die biltong in my mond. “OBSTRUKSIE!” roep Lulu.

Janus bars uit van die lag. Ek hou my hand oor my oë en Lulu sê: “REF., WAAR’S JOU BRIL?”

Die skeidsregter vra die groot skerm: Die bal rol oor die oop doellyn, maar twee opponente hardloop doelbewus voor ons vleuel in.

“Obstruksie,” besluit die skeidsregter. Hy ken ’n straf drie onder die pale toe en ons wen die wedstryd.

“Lulu,” sê Janus, “Jy ken jou rugby. Kan ek jou môre uitneem?”

Lulu glimlag en wys skelm die teken vir SKOONVANG!

A (Corona) Journey

Trapped
in a time and space of virtual reality
Limited
Waiting

.....

The warm sun plays across
my shut eyes as I
Travel
Through time and space
Travel
Back to freedom –

will you come with me?
Back to youth -
will you come with me?

Giddy in the play park
Squeals fill the air –
Of delight, apprehension, fear
and daring do-
Go higher, push harder, spin faster, we shout

The freedom of movement
Not fully understood then.
Now
I feel again that adrenalin rush,
that joy,
abandonment to freedom.

Will you come with me?

Parents

socially integrating over garden gates.

Some sharing a glass (or two),

sitting on stoeps, chatting

While we played the streets

till dusk.

Will you come with me?

Friends

running, laughing, playing our street games

till dusk.

Will you come with me?

Friends

Hiking the slopes of the mountain that guards –

our youth, our laughter, our friends and family.

I remember

And memory sets me free

Free from (Corona)

Soon virtual will become

Reality

And freedom will once again play in the streets until dusk and share a drink (or two)

188 Words

Carol Stephen

SHASS Everyone!